

Additional Services ...

The Department of Social Work also provides a wide variety of individual, marital, and family counseling services appropriate to the specific needs of our clientele.

Services are available to all active duty soldiers and their immediate family members. However, in some cases, clients may need to be referred to civilian providers through the TRICARE health system.

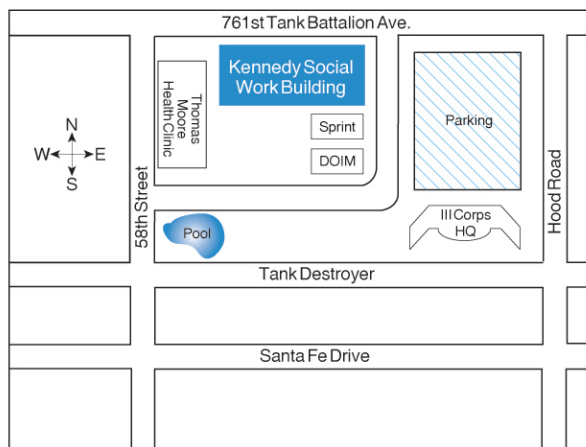
Clients may be self-referred, command-referred or medically-referred by any professional within the health care system.

Hours of Operation

Monday -Wednesday	7:30 a.m. - 4:30 p.m.
Thursday Morning	7:30 a.m. - 11:30 a.m. (Emergencies Only)
Thursday Afternoon	1:00 p.m. - 4:30 p.m.
Friday	7:30 a.m. - 4:30 p.m.

After Duty Hours

The Department of Social Work provides Emergency services from 4:30 p.m. to 7:30 a.m. daily, including weekends and holidays. The on-call social worker can be contacted through the Department of Emergency Medicine (ER) at Darnall Army Community Hospital. Social Work is located in the Kennedy Social Work Building, #2255, 52nd Street and 761st Tank Battalion Ave. (across from III Corps).



Helpful Phone Numbers ...

Army Community Service	287-3726
Behavioral Health Activity	287-5131
DACH Emergency Room	288-8113
DACH Information Desk	288-8000
Dept of Social Work	288-6474
Family Violence Hotline	287-CARE
Fort Hood Chaplains	287-CHAP
Legal Assistance	287-7901
Military Police	287-5019
New Parent Support	287-2286

Child Abuse and Neglect Texas Child Protective Services

24 Hour Hotline	1-800-252-5400
Family Violence Hotline	287-CARE

Spouse Abuse

Families in Crisis	634-8309
24 Hour Hotline	1-888-799-7233
Family Violence Hotline	287-CARE

Local Police Departments

Killeen Police	634-3111
Copperas Cove	547-4272
Harker Heights	699-7600
Belton	933-5840
Temple	298-5500
Lampasas	(512) 556-6235



Public Affairs Office
Darnall Army Community Hospital
Fort Hood, Texas 76544-4752
www.hood-meddac.army.mil

FH MDA HO 224 (Revised)
1 March 2003

Department of Social Work



Darnall
Army Community Hospital
Fort Hood, Texas
www.hood-meddac.army.mil

Social Work Services ...

Why the Department of Social Work?

The Department of Social Work's primary mission is to help strengthen the military family. To accomplish this, our staff members offer a variety of counseling and referral services designed to assist individuals and families by:

- Building stronger marital relationships
- Strengthening parent-child relationships
- Preventing and stopping spouse abuse
- Preventing and stopping child abuse and neglect
- Providing treatment for individuals and families involved in domestic violence
- Helping families cope with the stressors of everyday life
- Helping families cope with illness, disability and/or hospitalization

The Department of Social Work and the Military Readiness Mission

Commanders often need assistance in obtaining help for troubled soldiers. In most cases, this also includes helping the family members. Helping the whole family allows soldiers to focus on their military duties.

The Department of Social Work can assist unit commanders by providing guidance and assistance to ensure mission readiness.

Additionally, the Department of Social Work actively participates in the NCOPD/OPD program by providing unit-level training on the Family Advocacy Program and other available services.

Family Advocacy Program ...

The Department of Social Work offers a wide variety of educational, therapy and support groups to assist clients. These groups include the following:

• Stop Anger & Violence from Escalating (S.A.V.E.)

This class provides participants with strategies for domestic violence prevention. Several skills will be reviewed that will help couples evaluate their own risk level, and inform them of alternatives.

• Conflict Resolution

Participants will be introduced to skills that will help them resolve conflicts without resorting to violence. Techniques for building effective communication will be taught and practiced.

• Men's Group

The men's group is designed to explore alternatives to violence as a means of expressing anger. It addresses issues of power and control in relationships.

• Women's Group

The focus of this group is to help women understand their anger and its impact on self-esteem, decision making, overt behaviors and other areas of their lives.

• Support Groups

There are various support groups designed to address the needs of victims of spousal abuse. The emphasis is on teaching victims the strategies and skills to protect them from further abuse.

• Children's Support Group

This group is for children ages 7-12 who have witnessed domestic violence.

• Child Safety Workshop

This educational workshop is for non-offending parents of children who either are victims of sexual abuse or who are at-risk for sexual abuse.

• Therapeutic Parenting Program (TPP)

TPP teaches the participants a variety of parenting skills including parental discipline techniques, child development, communication skills and combined anger/stress management.

• Blended Family Group

This group assists parents with the many challenges faced by members of blended families (roles of the step-parent, raising step-children etc).

• Parent Awareness Education (PAE)

Effective parenting methods are taught in this class. Legal aspects of child abuse and neglect are discussed in the context of appropriate disciplinary techniques.

• Stress Management

Counselors teach participants how to identify, understand and reduce stress. Although the main focus is on marital and occupational stresses, the class offers techniques that are applicable to a broad range of situations.

- Time frames for all groups will vary •